



## Gardening club

Join our weekly club



## Exercise studio

Personal training programmes

# Belong Macclesfield

# What's On

February/March 2012

Your bi-monthly guide to what's on at your local Belong village



Village centre open to the public!



## Alzheimer's Café

If it's the last Thursday of the month then it's time for a coffee and a chat at the Alzheimer's Cafe at the Belong bistro.

The cafe, a joint venture between the village and the Alzheimer's Society, provides a facility for people with Alzheimer's and their carers.

The meetings, which take place on the last Thursday of the month from 10am until 12 noon, are an informal get-together for people with dementia and their carers to come for a chat and refreshments. There is no need to book, simply drop in.

## Experience Days – a refreshing alternative

Why not try our new 'Experience Days' service a refreshing alternative to traditional day care.

Experience days at the village offer opportunities for meaningful involvement in a range of activities – whether to catch a classic film, discuss the day's newspapers or simply sit back and be pampered. Whatever you would like to be able to do, Experience Days at Belong will provide you with the time, space and support you need to do it!

Enquire at the village or contact us on **01625 800 850**.



## A weekend to celebrate at the Belong Bistro

The bistro will celebrate St. Patrick's day on 15th March with a special three course menu offering a choice of delicious Irish themed food, along with a glass of Guinness on arrival from 5.30pm. Cost £8.95 per person.

You can also treat that special person in your life to a special three course Mother's Day lunch on Sunday 18th March, served from 12 – 2pm. Cost £19.95 per person.

Reservations for both dates are essential, so please contact us early to avoid disappointment on **01625 508 705**.

## Belong video

Check out our brand new video on our website at [www.belong.org.uk](http://www.belong.org.uk) to see what the people of Macclesfield are saying about the village.



## A word of thanks

We would like to take this opportunity to thank our wonderful volunteers at the village who contribute their time to help out at the village.

Volunteering at Belong gives you the chance to have a great time whilst helping others. Whether you have a lot of time or a little, it is likely that we have a volunteering opportunity available that will interest you.

Please enquire at the village or visit our website at [www.belong.org.uk](http://www.belong.org.uk), if you are interested in finding out how you could help.





## Belong bistro

Open from 8am every day!



## The Salon

Range of hair treatments available



Your life, your pace, your way.

# Belong Planner - Feb and March 2012

	The Venue	Bistro	Exercise Studio
Monday	10.30 - 11.30am Coffee Morning	8am - 6pm All Day Breakfast 12 noon Lunch Menu	9 - 11am Open to the public 11am - 1pm Individual (residents only) 1.30 - 3pm Private 1:1
Tuesday	1.30 - 4pm Whist Drive (1st Tuesday of month at Upton Primary Social Club)	8am - 6pm All Day Breakfast 12 noon Lunch Menu	9 - 11am Open to the public 11am - 1pm Individual (residents only) 1.30 - 3pm Private 1:1
Wednesday	10.30am - 12pm Knit & Knatter 2.30pm - 3.30pm Craft club	8am - 6pm All Day Breakfast 12 noon Lunch Menu	9 - 11am Open to the public 11am - 1pm Individual (residents only) 1.30 - 3pm Assessments
Thursday	Available for private hire	8am - 6pm All Day Breakfast 12 noon Lunch Menu 6 - 9pm Dine Out Thursday	9 - 11am Open to the public 11am - 1pm Individual (residents only) 1.30 - 3pm Private 1:1
Friday	11.30am - 12pm Arm Chair Keep Fit 2.30 - 3.30pm Gardening club	8am - 6pm All Day Breakfast 12 noon Lunch Menu & Fish Friday Special	

## Plus...

### Dates for the diary



**14th March at 2.30pm** – Singer, Mike Doody

**26th March at 2.30pm** – Keyboard player, Barry Mansfield

### Church service dates

A church service takes place at the village on the **1st Monday, 2nd Thursday and 3rd Friday** of each month. Everyone welcome.

### Clarita's Choir

We will be joined by Clarita's Choir on the 29th February from 7 – 8pm. If you would like to come along please contact the village to book your place.

### Do Lally Tappers

The Do Lally Tappers will join us once again on 22nd February at 2.30pm.

If you are interested in joining us please contact the village to reserve your place.



### Polite request

Due to some refurbishment at the village please can I ask you to check the accuracy of all dates and times contained within the newsletter as they may be subject to change nearer the time.