

What's On

Your bi-monthly guide to what's on at **Belong Wigan**

October / November 2026

Community bingo

Last Tuesday of the month



Dementia café

Free drop-in sessions



Feel the beat with Lifebeats

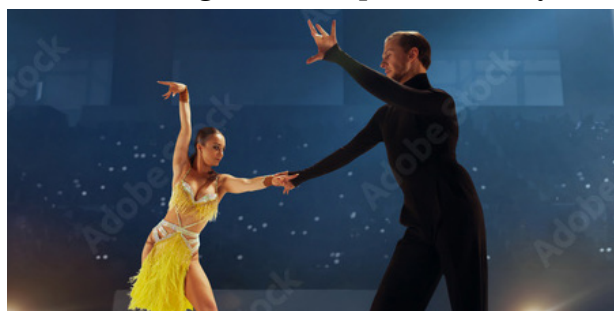
Get ready to beat to the sound of music at our fun and energetic Lifebeats session on Tuesday 20 October.

Join us at 3pm in The Venue for an exciting afternoon filled with drums, tambourines, rhythm, music and movement. Have fun making some noise, trying something new and learning a little sign language too. No experience is needed, just bring your enthusiasm and get ready to feel the rhythm, join in and enjoy the beat. Cost £5; call 01942 855600 to book.



Strictly Come Dancing mini concerts

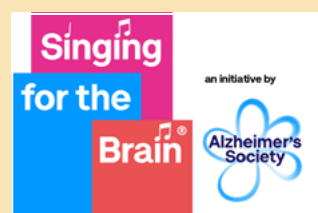
Prepare for an afternoon of music, dancing and sparkle with Strictly Come Dancing at Home, performed by Miniconcerts.



Join us in The Venue on Tuesday 27 October at 2pm for a unique live concert experience packed with entertainment and feel-good fun. Entry is just £5, and booking is required, so make sure you reserve your place and get ready to enjoy the magic of Strictly from the comfort of home.

Singing for the Brain

Come along and enjoy the joy of music with Alzheimer's Society Singing for the Brain. We're delighted to be partners and look forward to welcoming everyone to this friendly, uplifting session, where singing, music and connection come together.



Sessions take place on the second Thursday of every month at 11am in The Venue and are completely free to attend. Whether you love to

sing or simply enjoy listening, it's a wonderful opportunity to meet others and enjoy familiar songs in a warm, welcoming atmosphere. Booking is required, so please reserve your place and come along to share the music.



Games morning



Looking for a fun way to spend your Tuesday morning? Join us in The Venue every Tuesday from 11am-12noon for our friendly games' morning. Enjoy a cuppa, have a laugh and make new friends while playing games. It's completely free, and there's no need to book, so come along and join the fun.

Remembrance Day Songbird

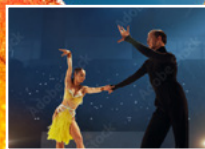


Join us in The Venue on Wednesday 11 November at 10.45am for a special Remembrance Day afternoon with the wonderful Golden Age Songbird. Enjoy an afternoon of music, reflection and treasured memories as we come together to mark this important occasion. Cost £5; booking required.

**Feel the beat
with Lifebeats**
Get ready to beat to
the sound of music



**Strictly
mini concerts**
Making live music
accessible



We welcome members of the whole community

Eyes down for community bingo

Join us in The Bistro on the last Tuesday of every month for a fun-filled evening of community bingo. Doors open from 6pm, with eyes down at 7pm, and we usually finish before 9pm. For just £7, enjoy a full book with 8 games and a flyer. There'll also be a tombola or raffle on the night, plus tea or coffee for 60p. No booking required, just come along, grab your book and enjoy a great night of fun, prizes and friendly competition.



Sing along with Lucky Lockey

Get ready for an afternoon filled with music, memories and plenty of singing as Lucky Lockey takes to the stage in The Venue on Friday 9 October at 2pm. Join in with some well-known favourite sing-along songs and enjoy the feel-good atmosphere with friends. Whether you know every word or just love to hum along, everyone is welcome. Come along, enjoy the music and see how many of your favourite classics you can remember. Cost £5; booking required.



Dementia café drop-in sessions

Hosted by an Admiral Nurse, dementia drop-in sessions in Belong Wigan, offer a warm and welcoming space where families, friends and carers of people living with dementia can come together over a cuppa and join in with a range of music, arts and craft sessions. Next sessions will take place in The Venue on Tuesday 6 October and Tuesday 3 November, from 2pm – 3:30pm on both dates. Free to join; call 01942 855600 to find out more (booking required if you'd like to speak to our Admiral Nurse).



Chair-based exercise

Get moving and feel great with Lee, our exercise specialist, at our friendly chair-based exercise

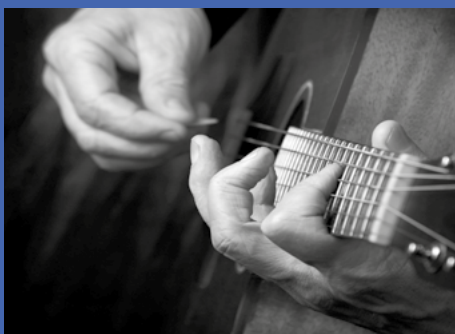


sessions. Join us in The Venue every Monday and Friday at 11am for gentle, accessible exercises designed to help you stay active and enjoy some movement in a welcoming

setting. Sessions are free, and there's no need to book.

Timeless classics

Join David Eley for a wonderful afternoon of music as he performs some of your all-time favourite classics in The Venue on Friday 23 October at 2pm. Sit back, relax, sing along and enjoy the songs you know and love. Cost £5; booking required.



Musical Moments

Take a trip down memory lane with Musical Moments, an interactive musical session filled with familiar songs, favourite tunes and nostalgic moments. Join us in The Venue at 11am on Thursday 15 October and again on Thursday 19 November. Tickets are just £3, with booking required. Come along, enjoy the music and make some wonderful memories together.



Our events programme is inspired by the interests of our community. If there is anything you would like to see added, please share your ideas with our Experience Coordinator, **Charlene Frodsham**: charlene.frodsham@belong.org.uk



For more updates of special offers and events follow us on Facebook, Instagram and X.