Mais Solid

Your bi-monthly guide to what's on at Belong Chester

September / October 2025

Pizza
mania
Tasting event
in The Bistro



Community gym Chair-based exercise fun





Where the arts Belong

In celebration of National Arts in Care Homes Day, on Wednesday 24 September at 11am, we'll be showcasing the incredible artwork produced by our customers and local children over the past few months.

Every week, this creative collaboration has brought together generations to explore different artists and styles, and the results

are truly inspiring! Come along to the village to view our exhibition and see how art brings joy, connection, and expression into our community. Everyone welcome!



B's memory café

B's Café, in Belong Chester, offers a warm and welcoming space where families, friends and carers of people living with dementia can come together over a cuppa and a cake.

Music and good company are the theme on Wednesday 24 September, when we'll enjoy a musical performance by vocalist, Deborah McCormick. This will be followed by a further session on Wednesday 22 October (details of activities to follow). Sessions run from 2pm – 4pm and provide opportunities to meet with Belong's Admiral Nurse for dementia advice and support. Open to members of the local community and free to join - whether you're living with dementia, supporting someone who is, or simply looking for a way to meet new people, B's Cafés are designed



with all of this in mind. Call 01244 445500 for further details and to book.

National Alzheimer's Day



In recognition of National Alzheimer's Day, on Thursday 18 September at 2:30pm, we invite you to a joyful afternoon of singing, dancing, and celebration.

Music is a powerful way to connect and reminisce, and we'll be creating an uplifting space for all to enjoy together. Family and friends are welcome and it's free to attend so, if you'd like to join us for this magical musical afternoon, call the village on 01244 445500 to find out more and to book.



Halloween party

Our spooktacular Halloween party returns on Thursday 30 October from 2pm – 4pm, complete with themed décor, fun-filled activities, music, and plenty of nibbles and drinks. Fancy dress is encouraged and there will be prizes for the best costumes! Cost £5pp – booking esential.

Trick or Treat Trail

All are welcome to

ioin our trick or treat trail around the village on Friday 31 October at 11am, when we will be collecting goodies and spreading Halloween cheer! Free entry; booking required. Please notify staff of any allergies on arrival so we can make sure treats are safe and suitable for all.

Where the arts Belong National Arts in Care Homes Day



National
Alzheimer's Day
Celebration with
music and dance





We welcome members of the whole community

Pizza mania

Pizza lovers rejoice – we're hosting a pizza mania afternoon on Friday 5 September at 2:30pm in The Bistro. Enjoy a variety of delicious pizzas, to taste and enjoy, for just £5pp. Spaces are limited so book early to avoid missing out!



Community gym

Get active and have fun with our chair-based exercise sessions, led by Exercise Specialist Louise Warr, held every Monday at 2:30pm. Perfect for all fitness levels, the sessions are a great way to improve general mobility, balance, strength and overall wellbeing, whilst listening to some lively music to get you going. Cost £3pp; booking required.



Fish & Chips Fridays

Every Friday in
The Bistro, enjoy
our much-loved
fish and chips
Fridays! Freshly
cooked, golden
and crispy, it's a
perfect end-ofweek treat. Cost
£8.20; booking not
required.



Church services

We congregate twice a month on Thursdays for our village church services in The Venue.

We welcome our community to join us onWednesday 10 September at 2:30pm with Suzy Sale, Thursday 25 September at 2:30pm with Rev Robin Mosley and Thursday 23 October at 2:30pm. The Bistro is open for lunch so why not come and enjoy before the service? New faces welcome; we look forward to seeing you.

Fitness made fun



Did you know we have a fully equipped gym right here in the village? Whether you're new to exercise or keeping up with a regular fitness routine, our gym offers a safe and friendly space to stay active and improve your overall wellbeing.

Look out for our upcoming gym promotions and class schedules—fitness made fun, accessible, and social.

Our events programme is inspired by the interests of our community. If there is anything you would like to see added, please share your ideas with our Experience Coordinator, Jade Shield at jade.shield@belong.org.uk







For more updates of special offer and events follow us on Facebook, Instagram and X.