



Curry night

Spice things up in *The Bistro*



Bingo nights

In *The Old Pomona Inn*

Belong Newcastle-under-Lyme



What's On

August / September 2019

Your bi-monthly guide to what's on at your local Belong village

Birds of prey

We are delighted to welcome **Safe Haven Owls and Birds of Prey Sanctuary** to the village on **Thursday 15 August**.

Join us in *The Venue* from 2:30pm to learn about these magnificent birds and their habitats and have your photo taken whilst you're here. Entry £3; photographs are free. Contact reception early, on 01782 986300, if you'd like to book.



Wonders of the Universe

Visit **Jodrell Bank Discovery Centre** with us on **Wednesday 11 September at 10am**.

Explore the wonders of the universe and learn more about the workings of the giant Lovell Telescope. We'll be leaving the village at 10am and returning around 3pm. Cost £25 per person which includes transport and entry. Limited spaces available so please contact reception early if you'd like to join us.



Heritage cinema experience

Come along to a **heritage cinema experience** in *The Venue* on **Tuesday 24 September**.

Take your seat at 2pm to watch a heritage film that will take you on a fascinating journey back in time to explore the history of Newcastle-under-Lyme. Entry is free and refreshments will be on sale to enjoy with the film; booking essential.



Belong Day Club

Experience **community life** in Belong Newcastle-under-Lyme through our vibrant day care service.

The Belong Day Club provides the opportunity to meet new people and to take part in a range of meaningful social activities. To find out more and to book a free 'taster' session, please contact Emma Palin on 01782 986300.



Belong Newcastle under Lyme welcomes members of the whole community!

Where stated, booking should be made as early as possible as places are strictly limited. Please call us on **01782 986 300** to book or to find out more.



Oomph! class

Join in with our weekly 'Oomph! Wellbeing' chair-based exercise sessions. We meet every Wednesday in *The Venue* at 11am. Cost £2.50; booking required.



Poetry corner

Come along to our poetry club held every Thursday morning. Members meet at 11am in *The Reminiscence Lounge*. It's free to take part and a great way to explore your love of poetry; booking required.





Heritage cinema

Explore the town's history



Bird encounter

Meet owls and birds of prey



Your life, your pace, your way.

Our facilities and activities are available to the whole community

Weekly activities ...

Monday

9:15am Breakfast club (Bistro)
11am to 12noon Chair based exercises (Venue)*
2pm Baking (Samuel Bell's Tea Room)*^
6pm Dru Yoga (Venue)*
All day Holistic facials, reflexology and massage*^

Tuesday

9:15am Breakfast club (Bistro)
11am Walking club
2pm Pub games (The Old Pomona Inn)
6pm Dine @ 6 (Bistro)*
All day Reflexology (Therapy Suite)*^

Wednesday

9:15am Breakfast club (Bistro)
11am Chair based exercises (Venue)*
12noon to 6pm Acupuncture (Therapy Room)*^
2pm Heritage tours (Heritage Gallery)^
2pm Flower arranging (alternate weeks)
2pm Reminiscence sessions (alternate weeks)
6pm to 7pm Yoga class*^

Thursday

9:15am Breakfast club (Bistro)
11am Chair based exercises (Venue)*
11am Poetry club (Reminiscence Lounge)
1:30pm Tai Chi class (Venue)*^
2pm Knit & natter (Heritage Gallery)*
6pm Dine @ 6 (Bistro)*
All day Family foot care (Therapy Suite)*^

Friday

9:15am Breakfast club (Bistro)
11am Craft club (Heritage Gallery)*
12noon to 2pm Fish and chips special (Bistro)*
2pm Movie time (Venue)*

Sunday

12noon to 2pm Sunday roast special (Bistro)*

* A small charge applies.

^ Booking/appointment required.

Please note, activities are subject to change. Please contact reception on 01782 986300 before attending.



Barbecue party

We'll be hosting two barbecue parties on Wednesday 14 August and Wednesday 18 September. Join us from 12pm in The Bistro on both dates. Entry is free; charges apply for food and drink. Please contact reception to book.

Folk band show

Come along to a folk band show on Friday 2 August at 7pm. Enjoy a variety of classic songs performed by local band, Fustian, in The Venue from 7pm. Free entry; booking is required.



Ukulele musicians

Enjoy a variety of songs, performed by a group of talented ukulele musicians, on Friday 30 August. Join us in The Venue at 7pm. Entry is free; booking required.

Dine @ 6

Join us in The Bistro for a Dine @ 6 and quiz night on Thursday 8 August. Enjoy a delicious menu and put your brain to the test. Cost £5 per team; booking required.



Curry night

We'll be spicing things up in The Bistro on Thursday 5 September at 6pm. Join us for a curry night and enjoy a selection of dishes, prepared by our talented chefs, from £5.90 per head.

Heritage tours

Enjoy a tour of the Heritage Gallery, followed by afternoon tea, for just £9.95 per person. Contact the village to book.



Bingo nights

Be in with a chance of winning a prize at our community prize bingo nights on Saturday 24 August and Saturday 28 September. Join us in The Old Pomona Inn at 7pm on both dates. Cost £3 per book; booking required.



For more updates of special offers and events like/follow us on Facebook and Twitter

