

The Exercise Studio

Opening Hours

Monday	10:00am	11:00am	Public / Tenants
	1:00pm	2:30pm	Public / Tenants

Tuesday	10:00am	11:00am	Public / Tenants
	1:00pm	2:30pm	Public / Tenants

Wednesday	10:00am	11:00am	Public / Tenants
	1:00pm	2:30pm	Public / Tenants

Thursday	10:00am	11:00am	Public / Tenants
	1:00pm	2:00pm	Public / Tenants

Friday	10:00am	11:00am	Public / Tenants
	1:00pm	2:00pm	Public / Tenants

Saturday & Sunday	CLOSED
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